



INTERNATIONAL WOMEN'S DAY

SATURDAY, 7th MARCH 2020 FROM 10 AM TO 1 PM

VENUE: COLLEGE OF MANAGEMENT STUDIES, MACROBERTGANJ,
KANPUR, UTTAR PRADESH

Dr Virendra Swarup Group's College of Management Studies, Kanpur organized a workshop on "International Women's Day" in association with Aaj Hindi Dainik. The theme of the International Women's Day for 2020 was "**Each for Equal**". The workshop started with garlanding the photo of Shri Ragendra Swarup Ji and ceremonial lamp lighting. Director mam, CMS Kanpur, Prof. (Dr) Nandita Verma felicitated all the guests of honour and she expressed her views on the importance of women empowerment.

Speakers in the programme include:

- Mr Shihan Aryan Shakya (Martial Arts Specialist) Mr. Sanjay Dubey (Creative Head – Aaj Hindi Dainik Newspaper, Kanpur Wing)
- Mr Mohit Agarwal (IG Range Kanpur)
- Rampratap Singh (Supporting Partner – Fit India Movement)
- Professor Dr Nandita Verma (Director CMS)

The speaker of the day, Mr Shihan Aryan Shakya told the students about various methods of self-defence and encouraged the girls' students to take

pride in themselves. His team of instructors taught various techniques of self-defence and martial art to the students.

The Chief Guest of the event was Mr Mohit Agarwal IG, Kanpur Range shared women helpline number and measures to stay protected from cybercrime. He also expressed his views on women safety and told the student that how could they register the F.I.R. against culprits. The seminar ended with an open house session in which students asked their queries and the vote of thanks was given by Mr Aditya Vaish.

Program Facilitators

Mr. Aditya Vaish

